

## HOW THE HOLY SPIRIT HELPS US IN PRAYER -Romans Part 22

### Romans 8:26-27

We know that one day God will give us an eternal home with Him, and new, perfect, sinless bodies for that new home. But until that day, we battle against the sinful world and our own sinful nature and desires.

Paul uses **PRAYER** to show how the Holy Spirit **HELPS US IN OUR WEAKNESS** here on earth.

#### 1. WHEN WE DON'T KNOW WHAT TO PRAY, THE HOLY SPIRIT PRAYS FOR US

*Romans 8:26* And the Holy Spirit helps us in our weakness. For example, we don't know what God wants us to pray for. But the Holy Spirit prays for us with groanings that cannot be expressed in words.

In times of **confusion, distress, anger, or pain**, we might not even know what to pray! We don't know which direction to go. We don't even know what to **ASK**, and sometimes the most we can say is, "Dear God help me!"

When those hard times come, **first**, confess your sins to God and turn away from them. Don't expect Him to give you what you want if you're not giving Him what He wants – your **love and obedience**. **Second**, talk to him, even if you don't know what to say, even if all you can do is cry. The Holy Spirit will pray **FOR** you, supplying the words that you don't have.

#### 2. WHEN WE PRAY WRONG, THE HOLY SPIRIT PRAYS RIGHT

*Romans 8:27* And the Father who knows all hearts knows what the Spirit is saying, for the Spirit pleads for us believers in harmony with God's own will.

**Because we're weak and limited in knowledge, wisdom, and vision, we often ask God for the wrong things.** When we pray wrong, the Holy Spirit **PLEADS** for us **IN HARMONY** with God's will.

Considering your past prayers, **AREN'T YOU GLAD THAT GOD DOESN'T GIVE YOU EVERYTHING YOU ASK FOR?** He doesn't give us things He doesn't want us to have, and He doesn't **VIOLATE THE FREE WILL OF OTHER PEOPLE** just to give us what we asked for.

**AS YOU PRAY**, make sure you're not just having a **ONE-WAY CONVERSATION!** Allow God to **TALK TO YOU**. **FOLLOW** His guidance, even if it's not what you want, not what you asked for. He'll **NEVER** lead you somewhere He doesn't want you to be. It may be **HARD**, it may be **DANGEROUS**, it may be **COSTLY**, but if you're where God wants you, there's truly **NOWHERE ELSE** you should rather be.